



<https://www.posti.fi/fi/seuranta#/>

User Manual

Cloud6 Lite

Cloud8 Active

TIME TO RECHARGE



► WWW.CLOUDBOOTS.FI

Preparation

When you receive the machine, first time before starting to use the unit, please make sure open the filter cover, and remove the transportation screw. The screw only is used for protecting the control unit from damage during transportation. You don't have to install it back when once removed. There is a plastic screen protection film in front panel, which should also be removed.

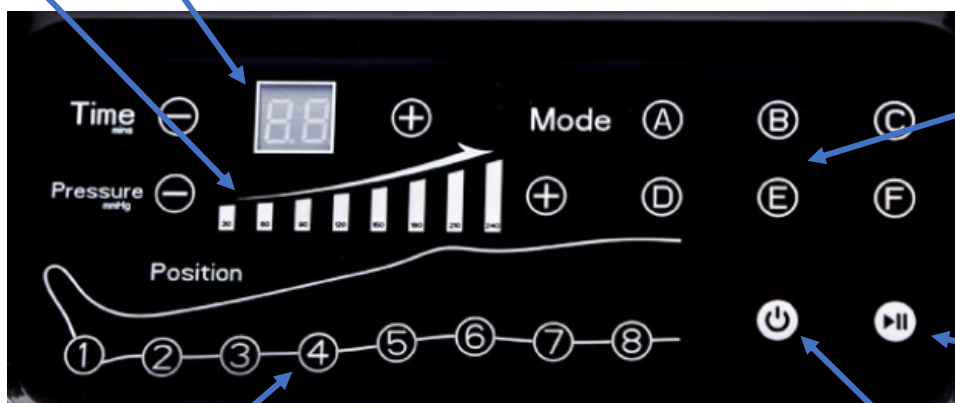


Find the cover → Open the cover → Unscrew the screw → Install the cover back → Remove protection film

Control Panel

Remaining time indicator, adjust with - / +

Pressure indicator, adjust with - / + (8 levels between 30-240mmHg)



select program

start / pause

chamber selection

power switch

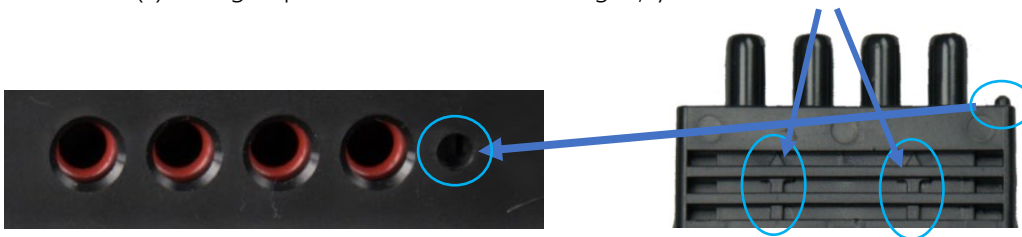
- You can press a single chamber button to deactivate (and activate) chamber (for example, if your calfs are sore and you want to shut down chambers 2 and 3)

Getting started

1. Insert the main plug of power line into electrical outlet of 220-240V
2. Connect pressure hoses to boots. In LITE and ACTIVE models, hose connector(s) piece(s) runs towards machine from toe end.



3. Connect the hose connectors to the machine. Image below you see a little pin, which guides connector(s) in right place. When installed right, you see arrows in connector pointing up.



4. Check and ensure all connections to the machine.
5. Put on the boots (or Cloud Sleeve, Cloud Belt, Cloud Shorts or Cloud Pants)
6. Press the power button
7. Set the pressure by pushing
 - For first time use, we recommend starting with the pressure around 120 mmHg. Adjust the level for your preferences. Remember, that treatment should never feel painful.
8. Set the time by pushing
 - original setting is 30 minutes. Short press to add/reduce a minute, long press to wanted time. When time runs out, the machine shuts off automatically.
9. Choose the mode by pushing button
 - check next page for details
10. If you like to skip chamber, you can press chamber selection buttons. When pressed, light from chamber turns off. Original setting is all chambers on. When inflating or deflating, chamber light is flashing.
11. Press the start / pause button
 - original state is pause, the light is green. Press it to start (light turns blue)

Program modes

A: (WARMUP) exerts pressure from the foot towards the heart, alternating chambers. Single chamber is inflated / deflated at a time.

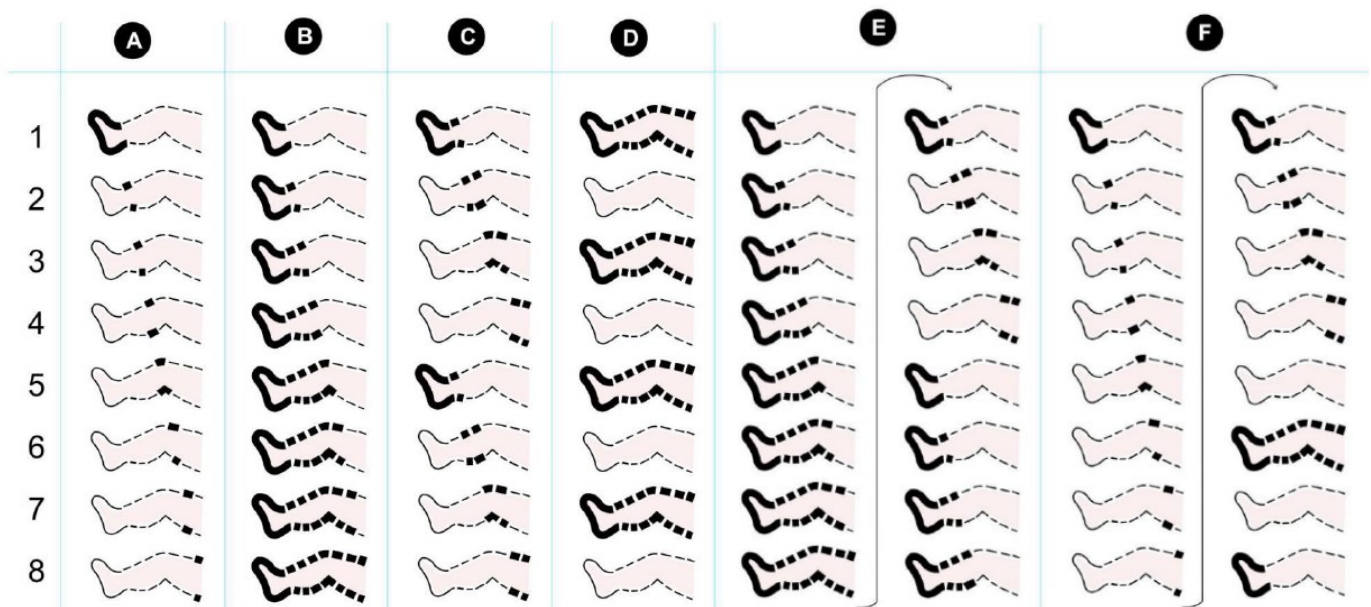
B: (LYMPHATIC MODE) stimulates flow through pressure from the foot towards the heart, retains pressure until the entire leg chamber has been inflated.

C: (DOUBLE CHAMBER) exerts pressure from the foot to the heart. Two chamber is inflated / deflated at a time.

D: (FULL SQUEEZE) provides complete simultaneous pressure exerted by all chambers that are slowly inflated.

E: (COMBINATION PROGRAMME) alternating between inflating the boots for a round of lymphatic mode (B) and a round of double chamber (C).

F: (COMBINATION PROGRAMME) the inflation of the boots alternates between 3 different massage programmes (A, C and D).



After use

When you finish your Cloudboots session, disconnect hose connectors from machine by pulling from connector, not from hoses. The boots connected with hoses should always kept and used as a whole. By leaving hoses connected to boots, it is easier to start next session; just insert connector to machine and you are ready for next session.

When you are travelling with Cloudboots or you have another good reason to get package wrapped up tighter, disconnect hoses also from boots. Hold the counterpart with another hand and pull a pin straight up. Do not pull from hose.



Product information

- Display: LED indicator
- Size: 300*237*126 mm
- Input voltage: 220 V/50 Hz
- Power consumption: 65 W
- Treatment time: 1~90 minutes
- Pressure range: 30 ~240 mmHg (tolerance ± 20 mmHg)
- Number of pressure chambers: LITE 6 / ACTIVE 8
- 2-year warranty (from date shown in invoice)
- Basic package includes carry bag, remote control, hose protectors, user manual and spare part kit

Restrictions

Many different patient groups may benefit from air-compression treatment. The characteristic of many disorders is that they are not experienced the same way by all patients, just as symptoms may vary. For this reason, we have no unequivocal picture of how, and to which extent, air compression will help the individual patient.

In this connection, it is important to mention that the Cloudboots product is no medical equipment, but rather an assistive device. We therefore recommend that, in the event of serious illness, you consult your attending physician prior to taking the products into use.

Contra indications:

- Coronary thrombosis (do not use the first 12 weeks after)
- Haemophilia
- Large outpouching of the main coronary artery
- Aggressive infections
- Infectious skin diseases (such as erysipelas)
- Ongoing chemotherapy
- Acute groin hernia

Caution:

- Pregnancy
- Reduced renal function
- Large varicose veins

Attentions and warnings

- Do not use water or any other liquids to wash machine. Just wipe it with a dry cloth
- You can clean the boots with damp cloth
- Do not bend or fold the power cord
- Do not put anything on the top of machine
- Use the equipment for massage only
- Do not put boots near the sharp things
- Keep in a dry and warm place. Do not alter to frost!
- Protect product from direct sunlight to avoid discoloring

Cloud Pants

Our regular boots end at the crotch and are put on like two separate boots. The massage ends at the level of the groin, which excludes muscle areas above the thighs. Cloud Pants, on the other hand, are a type of trousers that reach up to the middle of the body, depending on body size. This is the key performance advantage of the Cloud Pants. Here, in addition to the gluteus maximus, the piriformis, iliopsoas and hip flexor are also included in the massage - in other words, all the important muscles in the hip and buttock area. Thanks to two compression chambers on the back, you also experience a pleasant massage on the lower back, which contributes to the well-being of the entire back. For athletes, this means a decisive performance advantage, as lactate removal is not limited to the legs. The result is more effective and faster regeneration. Available for LITE, ACTIVE and ROGUE

Cloud Sleeve

Cloud Sleeve is available in 90 cm and 60 cm lengths where widest (one-size) and can be used for both hands, one hand at the time. This product is, for instance, used for lymphoedema, neuropathic pain, tense muscles in arm and shoulder regions, and carpal tunnel syndrome. Raise your arm well around the shoulder. It is a good idea to sit with your arm at a 90-degree angle, supported by pillows or a backrest. Alternatively, the device can be used in a lying position. Do not secure the front-end of the strap, until the arm is inflated to its maximum. Arm is meant to be used on a bare arm or a tight-fitting shirt. Available for LITE, ACTIVE and ROGUE

Cloud Belt

The Cloud belt is adjustable in circumference (one size). The height is 37 cm and 120 cm wide. Cloud belt covers both the back and the upper part of the buttocks. For instance, if you have experienced pelvic support problems or tensioned Gluteus Maximus (the large muscle of the buttock), you pull the loin belt down over hips and buttocks which will provide a firm and relaxing pressure.

Or, like so many others, you may feel tired and sore around your back. If this is the case, you should lift the belt upper. You can also fold the belt and close chambers if you want treatment for a smaller area - or you can simply push it together while it is being inflated. This way, you obtain double pressure precisely where it will be beneficial. Sit down in your sofa with a pillow behind your back during the procedure. Belt is available for LITE, ACTIVE and ROGUE

Cloud Shorts

Shorts will take care of hip flexion, buttocks, quads, and hamstrings. This is a tool that is equally suited for before as after workout. Shorts will improve hip flexibility, prepare you for a squat day, and limber up your body after a training session.

Please note that even if you use your SHORTS with the same pressure setting as you know from your Boots, it will be a different sensation. This is because, as compared with your legs, your bone structure and muscular system are larger within this area and, hence, will absorb part of the pressure. Naturally, you will nonetheless benefit from the necessary circulation which will remedy tight sinews and ligaments as well as create the good flow to establish preventive measures with respect to injuries.

Shorts are linked up with your device instead of your Boots and is used as a supplement to you daily recovery. Available for LITE, ACTIVE and ROGUE.



If you have any questions about our products, check our website for FAQ or contact

support@cloudboots.eu or ville@cloudboots.fi